

# CoreSpeed WRESTLING

## CLUB WRESTLING 2022 - 2023

Time to get back on the mat!  
Our club season starts Tuesday October 11th!!

We are in a NEW location in Pflugerville! 1201 S. Heatherwilde Blvd. inside Concordia High School.



### REGISTRATION INFO:

Open Registration October 11 - November 18  
Registration fee \$40.00  
Monthly fee \$105.00 (Oct-Feb)  
USA membership \$55 (must have for practices and competitions)



### PRACTICE INFO:

Practices will be Tuesday/Thursday  
Youth 6:30-8:00  
High School 7:30-9:00

Youth wrestlers should arrive 15mins early with plenty of water, extra t-shirt, wrestling shoes, shorts, leggings or pants with no pockets. Nails must be clipped before stepping on the mat.



### UNIFORMS/COMPETITION

Singlets and competition gear can be ordered at any time. You can choose any style you like. Please note they take 2-3 weeks to deliver.  
<http://www.CorespeedWrestling.com> TEAM STORE.

- All upcoming tournaments will be posted online with flyer ([www.corespeedwrestling.com](http://www.corespeedwrestling.com)) Tournaments are not mandatory.
- Headgear Mandatory - you can order online or try one of your local sporting good store. Most popular style is (Cliff Keen Youth Signature 4-Strap Headgear) They can wear White, Navy, Orange or Black